

Presentations-teknik

# Stage Presence: Presenting Your Best Self

På plats

## Vad du kommer att lära dig

Whether we like it or not, we are judged by our appearance over our competence. In this workshop, we'll learn how to create and maintain a positive first impression that accurately reflects our competence and credibility.

## Varför du behöver lära dig det

Regardless of our professional position, we find ourselves in situations where we have the opportunity to present to an audience. Whether that is to a team of 10, or an audience of 500, having the tools to quickly and effectively step up to the plate, and present our best self is crucial to our success as leaders.

## Hur det kommer att hjälpa dig

Presenting your best self establishes credibility, earns respect, and portrays confidence, inspiring others to have confidence in you.