

Leadership Training

# Critical Thinking

În persoană

This program offers a variety of tools and techniques to analyze and solve problems, make sound decisions, and control stress throughout the process. The ability to analyze problems, make deliberate yet timely decisions, and control stress are key aspects of Emotional Intelligence and critical factors in determining EQ (Emotional Intelligence Quotient). Studies consistently show that raising the overall EQ in an organization positively affects the bottom line.

## Ce vei învăța

1. Follow the Critical Thinking Process to encourage logical decision-making 2. Utilize defined processes to identify and analyze challenging problems 3. Employ brainstorming techniques using idea fluency 4. Critically evaluate alternatives using reasoning strategies 5. Apply decision-making techniques to choose effective solutions

## De ce îți dorești să înveți

Critical thinking is rapidly becoming an essential skill for success in today's workplace. Although it comes naturally for some, critical thinking is an ability that anyone can learn and practice. This program will give you the tools you need in today's workplace.

## Cum te va ajuta

Once learned, critical thinking skills will last a lifetime and provide you with a solid foundation to generate creative ideas and reach effective solutions.