

Dale Carnegie Course

# The Dale Carnegie Course: Communication and People Skills

Åpne programmer

"> Build a Foundation of Success > Recall and use names > Build on memory skills and enhance relationships > Increase Self-Confidence > Enhance Relationships and motivate others > Make our ideas clear > Energise our communication > put Stress in perspective > Gain Willing cooperation and commit to influence others > Disagree agreeably > Develop flexibility > Build others and ourselves through recognition

## Hva du vil lære

Learn how to build trust and motivate people to act. Gain ways to project an enthusiastic attitude, communicate logically, clearly and concisely; and energize and engage listeners. Discover ways to manage stress and minimize worry, encourage positive thinking, and commit to continuous improvement.

## Hvorfor du bør lære det

You'll be better equipped to perform as an influential communicator, problem-solver and focused leader. You'll learn to strengthen interpersonal relationships, manage stress and handle fast-changing workplace conditions. And you'll develop a take-charge attitude initiated with confidence and enthusiasm.

## Hvordan det vil hjelpe deg

You will tackle complex challenges, expand your ingenuity, and excel in building team harmony. Use the new skills to become a more persuasive communicator, securing your place as a valued contributor. As you become more adept at influencing, you'll find yourself inspiring others to take initiative and innovate.