

Présentation

# Stage Presence: Presenting Your Best Self

En personne

## Ce que vous apprendrez

Whether we like it or not, we are judged by our appearance over our competence. In this workshop, we'll learn how to create and maintain a positive first impression that accurately reflects our competence and credibility.

## Pourquoi vous voulez l'apprendre

Regardless of our professional position, we find ourselves in situations where we have the opportunity to present to an audience. Whether that is to a team of 10, or an audience of 500, having the tools to quickly and effectively step up to the plate, and present our best self is crucial to our success as leaders.

## Comment cela va vous aider

Presenting your best self establishes credibility, earns respect, and portrays confidence, inspiring others to have confidence in you.