

Présentation

# Communicate with Different Personality Styles

En présentiel

This workshop helps you understand the four dominant personality styles. Knowing your style is an important element to help reach across personal barriers. You need to identify your own strengths and weaknesses first. From there you can focus on understanding others and use effective approaches to build collaboration, trust, and influence.

## Ce que vous apprendrez

This workshop will help you to identify your own personality style and how you react under pressure. You'll then be able to modify your behaviors so you can connect with people of different styles, becoming more effective at influencing attitudes and the behaviors of others.

## Pourquoi vous voulez l'apprendre

By understanding how personality tendencies can impact your relationships, you'll increase your influence through clearer communication and easier collaboration with people with different personality styles.

## Comment cela va vous aider

When you understand your own personality style and how you react under pressure you'll be able to modify your behaviors accordingly. This will enable you to connect with people of different styles and become more effective at influencing attitudes and behaviors.