

Presentation Training

Young Adult Leadership Program (Mid-Atlantic) (classroom)

In-Person

This course gives young adults (14 -19) the skills they need to reach their goals at school, in their relationships and future careers.

What You'll Learn

Learn how to build trust and motivate people to act. Gain ways to communicate more concisely and confidently to teachers, parents, coaches and peers. Enhance leadership ability within sports teams, clubs, group projects.

Why you want to learn it

You'll be better equipped to perform as an influential communicator, problem solver and focused leader. You will deal with challenging situations with more poise and confidence.

How it will help you

You will differentiate yourself from your peers and become a better version of yourself. Discover ways to manage attitude and reduce procrastination and stress. Build additional confidence in public speaking and expand comfort zone.