

People Skills Training

Remembering Names

In Person

Find out which tools and formulas you can use that will help you remember the name of just about any person you will ever meet!

What You'll Learn

Identify four common reasons why we forget names. Use several memory development techniques to help you remember names that are fun, inspire confidence, and help build better relationships.

Why you want to learn it

Learning these remembering name techniques can help you remember names when you need them. They are the basis for being able to grow more effectively and tap into your network of contacts. It will also give you the confidence as well as help you with stress when approaching people.

How it will help you

Today more than ever, professionals rely on stronger people networks to help them work more efficiently and advance in their careers. Using these time-tested techniques will help you feel confident in building relationships moving forward as well as overcoming embarrassing and stressful situations.