

Личностни умения

Conflict - Maintaining Emotional Control

Присъствени

3 HOUR WORKSHOP

Какво ще научите

- Understand and apply the steps of the conflict cycle.
- Express emotions in a transformative way.
- Embrace the values that help manage emotions.
- Confidently discuss conflict with others.

Защо бихте искали да го научите

You'll be better equipped to perform as an influential communicator, problem-solver and focused leader. You'll learn to strengthen interpersonal relationships, manage stress and handle fast-changing workplace conditions. And you'll develop a take-charge attitude initiated with confidence and enthusiasm.

Как ще ви помогне

You will tackle complex challenges, expand your ingenuity, and excel in building team harmony. Use the new skills to become a more persuasive communicator, securing your place as a valued contributor. As you become more adept at influencing, you'll find yourself inspiring others to take initiative and innovate.